



Senior Menu Week 2

Monday

Tuesday

Wednesday

Thursday

Friday

The SOUP Kettle

Tarkha Dal

Chicken Noodle Soup

Minestrone

Hearty root vegetable

Chef's special

TASTY ENTREE

Chicken Tikka Masala with Basmati Rice & Naan Bread

Turkey Stir fry with Egg Fried Rice

Classic lasagne Al Forno With Garlic Bread

BBQ Chicken Leg with Spicy Wedges

Pressed beef burger in a brioche bun with burger relish

VEGGIE LOVERS

Griddled haloumi with flatbread pockets and grilled tomatoes

Cheese & Onion Puff Pastry

Smoked tofu pesto pasta bowls

Veggie Sausage Rolls

Sweet Potato & Chickpea Burgers, Pickled Gherkins, Homemade Relish

Light BITES

Paneer Jalfrezi

Vegan Buddha Bowl

Vegan Lasagne Stack

Spinach and red pesto pasta tricolore

Baked nachos topped with bonfire veg chilli

on the SIDE

Cauliflower & Garden Pea Masala

Roast carrots Sweet corn

Grilled Mediterranean Vegetables

Good for you Broccoli & Green Beans

Salt and pepper fries Corn on the cob Baked beans

TASTY PUDS

Greek yoghurt sundaes with fruit coulis

Autumn fruit crumble with custard

Yoghurt with homemade granola

Forest berry smoothie

Raspberry ripple ice cream pots

Salad Bar & Jacket Potato available everyday
Chunks of fresh fruit and natural yoghurt

