

# Sample Menu

## NBH Prep School



North Bridge House  
Prep School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mix vegetable soup served with homemade naan bread	Lentil soup served with homemade bread	Tomato & basil soup served with homemade bread	Broccoli soup served with homemade bread	Chef special soup served with homemade bread
<b>DISH OF THE DAY</b> Mild chicken curry served with rice, onion salad, mango chutney & raita	<b>DISH OF THE DAY</b> Bolognese sauce served with pasta	<b>DISH OF THE DAY</b> Roast chicken served with roast potato & gravy	<b>DISH OF THE DAY</b> Beef stir fry served with noodles	<b>DISH OF THE DAY</b> Breaded fish served with chipped potatoes, baked beans & peas
<b>VEGETARIAN OPTION</b> Chick pea curry served with rice	<b>VEGETARIAN OPTION</b> Tomato & cannellini sauce served with pasta	<b>VEGETARIAN OPTION</b> Roast sweet potato & butternut squash with feta	<b>VEGETARIAN OPTION</b> Roast tofu vegetable served with noodles	<b>VEGETARIAN OPTION</b> Quorn & vegetarian stir fry
<b>SNACK OPTION</b> Sweet potato bake		<b>SNACK OPTION</b> Spaghetti with pesto		
<b>DESSERT</b> Fresh fruit platter or yoghurt granola bar	<b>DESSERT</b> Beetroot chocolate cake, fresh fruit platter or yoghurt bar	<b>DESSERT</b> Fruit jelly, fresh fruit platter or yoghurt bar	<b>DESSERT</b> Carrot cake, fresh fruit platter or yoghurt bar	<b>DESSERT</b> Ice cream, fresh fruit platter or yoghurt bar

